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UNIVERSITY OF NORTH TEXAS AT DALLAS

2023-2024 Academic Year Counseling Program Evaluation Report

**University of North Texas at Dallas
Counseling Program Evaluation Report
2023-2024 Academic Year**

UNT Dallas Counseling Program continues to hold CACREP accreditation for the School Counseling and Clinical Mental Health Counseling programs. In addition, the School Counseling program is accredited by the Texas Education Agency.

Annual CACREP Reporting Requirements

Enrollment for the UNT Dallas Counseling Programs from Fall 2023 to Summer 2024 was as follows:

Masters in Counseling Enrollment		
Semester Enrollment	Clinical Mental Health Counseling (MS)	School Counseling (MED)
Fall 2023	131	5
Spring 2024	152	3
Summer 2024	153	3

Demographics of the UNT Dallas Counseling Program in Spring 2024 were as follows:

Clinical Mental Health Counseling Program:

Clinical Mental Health Counseling Program	Male	Female	Non-Binary /Gender Fluid	TOTAL
American Indian or Native Alaskan	1	0	0	1
Asian	1	4	0	5
Black	4	25	0	29
Hawaiian Native or Pacific Islander	0	0	0	0
Hispanic	5	41	0	46
Two or More	0	0	0	0
Unknown/Other	0	16	0	16
White	17	38	0	55
International Student	0	0	0	0
Active Duty Military	0	0	0	0
Veteran	3	2	0	5
With a Disability	0	5	0	5

In Spring 2024, the demographics of the CMHC program were 81.6% females and 18.4% males; .6% American Indian, 3.3% Asian, 19.1% Black, 30.3% Hispanic, 10.5% other, and 36.2% White non-Hispanic. Veterans were 3.2% and people with a disability were 3.2%.

School Counseling Program

School Counseling Program	Male	Female	Non-Binary /Gender Fluid
American Indian or Native Alaskan	0	0	0
Asian	0	0	0
Black	0	1	0
Hawaiian Native or Pacific Islander	0	0	0
Hispanic	0	3	0
Two or More	0	0	0
Unknown/Other	0	0	0
White	0	0	0
International Student	0	0	0
Active Duty Military	0	0	0
Veteran	0	0	0
With a Disability	0	0	0

In Spring 2024, the demographics of the School Counseling program were 100% female and 100% Hispanic. None were veterans and none had a disability.

Graduates of the UNT Dallas Counseling Program from Fall 2022 to Summer 2023 were as follows:

Graduated Program	Fall 2023	Spring 2024	Summer 2024	Total
Clinical Mental Health Counseling (MS)	19	19	5	43
School Counseling (MED)	0	0	0	0

Between Fall 2023 and Summer 2024, **43 students graduated from our Clinical Mental Health Counseling program** and 0 students graduated from our School Counseling program.

Completion rate is difficult to calculate because students are allowed 7 years to complete the 60 hour CMHC program and School Counseling program. Although most students complete the CHMC and SC program in 3 to 4 years, depending on if they attend full time or part time, some students take longer to complete the program due to health, family or career issues. Therefore, the completion rate for Fall 2023-Summer 2024 was based on CMHC students entering during our first CMHC cohort in Fall 2016-Spring 2017 (N=32) and SC counseling students entering Fall 2016-Spring 2017 (N=2). The **completion rate for CMHC students entering Fall 2016-Spring 2017 was 19 out of 32 (59.38%) and for School Counseling students was 2 out of 2 (100%).**

Of those alumni who responded to the 2024 UNT Dallas Counseling Alumni survey question about employment, 100% of Clinical Mental Health counseling responding alumni were employed in the field of counseling while 100% of School Counseling responding alumni were employed as Certified School Counselors.

National Counselor Exam (NCE) and TExES School Counselor Exam Pass Rates

Our graduates usually perform well on licensing and certification examinations. Between Fall 2023 and Spring 2024, 27 of our UNT Dallas students or graduates took the National Counselor Examination, the standardized examination required for state licensure as a professional counselor, and 24 passed, indicating a **NCE pass rate of 89%**. Between Fall 2023 and Spring 2024, 0 School Counseling graduates took the TExES School Counselor Examination.

Objectives

Program faculty continue to affirm our program objectives and priorities, which are as follows:

Through a curriculum grounded in social justice and service learning, graduates will gain exposure to diverse field-based experiences that assist them to develop foundational knowledge, skills, and dispositions necessary for success in clinical mental health and school counseling settings. Specifically, graduates will:

1. Demonstrate mastery of core counseling knowledge and skills necessary for licensure and certification.
2. Through a process of personal and professional reflection, identify a guiding theory of counseling that will serve as a foundation for counseling.
3. Develop and maintain effective, culturally responsive counseling relationships.
4. Cultivate ethical and legal disposition to counseling practice.
5. Demonstrate social justice advocacy and leadership skills in counseling practice.
6. Develop, manage, and evaluate counseling services and programs.

Evaluation Results

Internship Site Supervisor Reports

We asked Internship site supervisors to rate their UNT Dallas Counseling interns. Based on results from site supervisors of 43 students in their final internship across Fall 2023, Spring 2024, and Summer 2024, the percentage of interns who were rated as “consistently meets criteria” or “exceeds criteria“ in administrative skills, counseling clinical skills, multicultural competencies, ethical behavior, professional relationship skills was 100%.

Counselor Preparation Comprehensive Examination (CPCE)

The Counselor Preparation Comprehensive Examination (CPCE) Total Score passage rate in Fall 2023 was 92%, Spring 2024 was 89%, and Summer 2024 was 100%.

CPCE Passing	Fall 2023	Spring 2024	Summer 2024
Number of Students Taking the Exam	12	9	2

Number of Students Passing the Exam	11	8	2
Total with Passing Score	92%	89%	100%
Ethics	92%	100%	100%
Social & Cultural Foundations	100%	100%	100%
Human Growth/ Development	100%	100%	100%
Career	100%	89%	100%
Helping Relationships	100%	89%	100%
Group	100%	89%	100%
Assessment	100%	100%	100%
Research	100%	100%	100%

Student Survey

In Fall 2024, students were surveyed about their perceptions of UNT Dallas’ counseling program strengths and areas of needed improvement. Twenty-two students out of 152 requests sent responded to this student survey, resulting in an 14.5% response rate. Related to program goals, student survey respondents who either strongly agreed or agreed that the program was helping them develop a professional **counselor identity** was 90; articulate a **guiding theory** was 86 and becoming a **multi-culturally competent social justice advocate** was 91%. Student survey respondents who either strongly agreed or agreed that UNT Dallas faculty provide **quality teaching** was 91%; believed the **diversity of students** benefited their professional development was 82%; and were **satisfied with the counseling program** was 91%. Students identified **program strengths** as excellent professors who want you to succeed, the care for each student’s development, culturally sensitive, cost, diversity, good support system, “deeply supportive, community-focused approach that empowers students to become compassionate, skilled counselors”. They identified **areas for improvement** were more hybrid courses rather than 100% online, communication with students who are half-way through the program, updated Crisis intervention textbook, organization of some professors, accept higher quality students, assistance with internship sites, and alumni network.

Alumni Survey

In Fall 2024, alumni were surveyed about their perceptions of UNT Dallas’ counseling program strengths and areas of needed improvement. Out of approximately 100 requests sent, 10 alumni responded to the survey, resulting in a 10% response rate. When asked how well the UNT Dallas Counseling program prepared them to be an **effective counselor**, 100% of alumni survey respondents to that question indicated they were either prepared or very well prepared. Alumni survey respondents were asked to rate how well they were prepared based on a number of items. The percentage of CMHC alumni survey respondents who indicated they were either very well prepared or prepared for applying **ethical standards** was 100%; **multicultural counseling competencies** was 100%; **social justice advocacy** was 100%; understanding **human development** was 100%; **counseling theories** was 100%; **career development** was 100%; conducting **individual counseling** was 100%; **group counseling** was 100%; **client assessment**

was 100%; **diagnosis** was 83%; crisis intervention was 100%; and **using data** and literature to develop programs was 100%. Alumni survey respondents were **employed in a counseling** related field was 100%. Alumni identified **program strengths** predominantly as supportive community, experience of faculty, small class sizes, guidance of faculty, good preparation, and CACREP accreditation. Alumni's recommendations for **program improvement** were quality professor to teach DSM, discuss virtual therapy, guidance on business aspects of private practice, more in-depth direction on specific therapeutic modalities, communication with students, and faculty organization.

Program Modifications Based on Evaluations

Upon review of the data, the counseling faculty plan the following changes to improve the program:

1. Ensure content and teaching expert teaches our DSM course.
2. Ensure faculty members respond to students within 48 business hours.
3. Offer more hybrid courses, rather than 100% online courses and ensure 100% online courses offer at least two to three synchronous class meetings.
4. Ensure an up-to-date textbook is used in Crisis Counseling and all courses.
5. Facilitate active engagement in helping students find practicum and internship sites that meet their needs.
6. Emphasize the expected time and effort for quality course work for students, during new student orientation and in each course.
7. Facilitate alumni and current student networking opportunities.
8. Facilitate guidance on business aspects of private practice.

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